

<p align="center">Course Name- Worlds and Words: Dialogues between Psychology and Literature Course Code- LH-M-PY17</p>
<p>Course Credits- 4</p>
<p>Faculty Name- Dr. Aparna Vyas Faculty Email- avyas@jgu.edu.in</p>
<p>Faculty Biography- Dr. Aparna Vyas works in the field of social and cultural psychology. Her research interests include creativity and imagination; art, activism and resistance; processes of othering and marginalization; social change and identity processes; and psychobiography.</p>
<p>Course Description</p> <p>Have you ever turned to a book during challenging times, only to discover new perspectives or emotional resources that helped you navigate life's difficulties? Have you ever considered the intricate process behind the creation of such deeply resonant characters? If yes, this course invites you to embark on a compelling journey to explore the intertwined worlds of psychology and literature. It introduces students to key intersections between psychology and literature. It explores various methods for analysing literary texts, the role of psychoanalysis and cultural psychology in literary interpretation, and literature as a symbolic resource in making sense of life events. The course also covers psychobiography, the relationship between metaphors and cognition, and texts that contribute to theoretical frameworks while transcending conventional academic forms. It uncovers how narratives influence the human psyche, how the human psyche breathes life into indelible characters and narratives, and how the co-creation of these narratives can be a catalyst for social transformation. The two theoretical prisms from psychology- psychoanalytic and socio-cultural, accompany us in this journey, inviting expansive interpretations. The course challenges students to think beyond disciplinary boundaries and by exploring the intersection of psyche, literature, and culture, students will develop an integrative understanding of how narratives do more than reflect reality; they shape, contest, and reimagine it.</p>
<p>Prerequisites- NA</p>
<p>Scheme of Evaluation and Grading –</p> <ul style="list-style-type: none"> • 70% Internals (Reflection Paper, Group Projects, Method-Based Class Activities, and Class Participation) • 30% End-term Examination